



## PLAYER INFORMATION

Player Name: \_\_\_\_\_ Age: \_\_

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Sport: \_\_\_\_\_

### *Why this camp?*

This gives a chance for coaches to focus on tactics/skills before season while knowing your players are in shape. Players in every sport are becoming bigger, faster and stronger. This camp is a great way to improve quickness, top speed and agility for players in any and all sports. This is a chance to train, learn and experience in a high level environment. Come join us!

Sessions are twice a week. Tuesdays and Fridays. Coach to athlete ratio less than 8:1

I hereby register my child for the above camp and authorize the staff to direct him in participation in camp activities. My child has no medical or emotional conditions which may affect his ability to safely participate in this program. The staff is authorized to attend to any health problems or injuries my child may incur while attending the camp. I further acknowledge that FRAM, PVIS, coaches and anyone associated with the camp will not be held liable for any damages from injury or illness sustained at the camp.

Signature of Parent or Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Ph.#: \_\_\_\_\_

**Tues/Fri**  
**Aug. 4<sup>th</sup>-Sept. 1<sup>st</sup>**  
**4 – 5:30P.M.**

**All athletes, 8–16 years old**  
**Speed and Agility Drills & Games**  
**Palos Verdes Int. School**

### *Cost?*

\$175 for 9 sessions or \$20  
per session

*Participants are asked to wear  
comfortable athletic clothing, shoes,  
cleats & to please bring water.*

### *For more information call:*

Coach Matt Chavez @ 310.567.6135 or  
Ashley Musick, CPT @ 310.415.6376